

participation +
encounter

The self-governing-meeting place, one of Viernheims meeting places for senior citizens is called **Selbstverwaltete – Begegnungs - Stätte SBS 55+**.

Here various people meet and there are many opportunities for everyone to get themselves involved or participate in any project.

It is the job of the senior office (Seniorenbüro), to support volunteers with their work and to provide them with advice and assistance.

Furthermore, we advocate for, all senior citizens to be able **to participate** in the **social** and **digital life**.

We inform about leisure activities, establish contacts, organize courses and events and support in handling digital devices.

You will find information on SBS 55+ and the current programme on:

www.viernheim.de/sbs



Your way to us:

Contact person: Beate Preuss

Contact opportunity:

Tel: 06204 / 988 – 236
06204 / 988 – 336

E-mail: bpreuss@viernheim.de
seniorenbuero@viernheim.de

Homepage:

www.viernheim.de/seniorenbuero



Please note:

We are often outdoors, therefore we kindly ask you to arrange an appointment with us.



STADT
VIERNHEIM



coordination

participation

consultation

encounter

information

networking



 **SeniorenBüro**

for Viernheim citizens
from the age of 60
and their relatives

Consultation+ information

on the following topics:

- Benefits of the nursing insurance
- Financial claims for people over 60 (basic social security in old-age)
- Discharge for nursing relatives
- Severe disability
- Outpatient and inpatient treatment possibilities
- Information on alternative forms of housing
- Living will and patient decree
- Organisation of legal guardianship
- Living space adaption to help maintain independence

You will find information on local assistance services and current news here:

www.viernheim.de/senioren



Furthermore, we support you:

- by filling out forms or applications
- in difficult situations and transition phases

The consultations will be made:

- **By phone or e-mail**
- **In person** at the counseling center
- Or if necessary, in form of a **home visit**

The consultation is **confidential, free of charge** and **regardless** of cultural or religious world view.

We are also contact persons for:

- family members
- helping neighbours
- care services
- volunteers
- collegial consultation

networking + coordination

Together we are stronger!

The SeniorenBüro (Senior citizens' office) is member or initiator of various working groups and networks relating to topics like aging and age.

This includes among other things

- Dementia network Viernheim
- Work group senior citizen welfare
- Social network Viernheim
- Work group in senior citizen consulting Kreis (district) Bergstraße
- Round table „Aging in Viernheim“

Furthermore, the SeniorenBüro is substantially involved in the local process „Aging in Viernheim“ – challenges and possible actions.